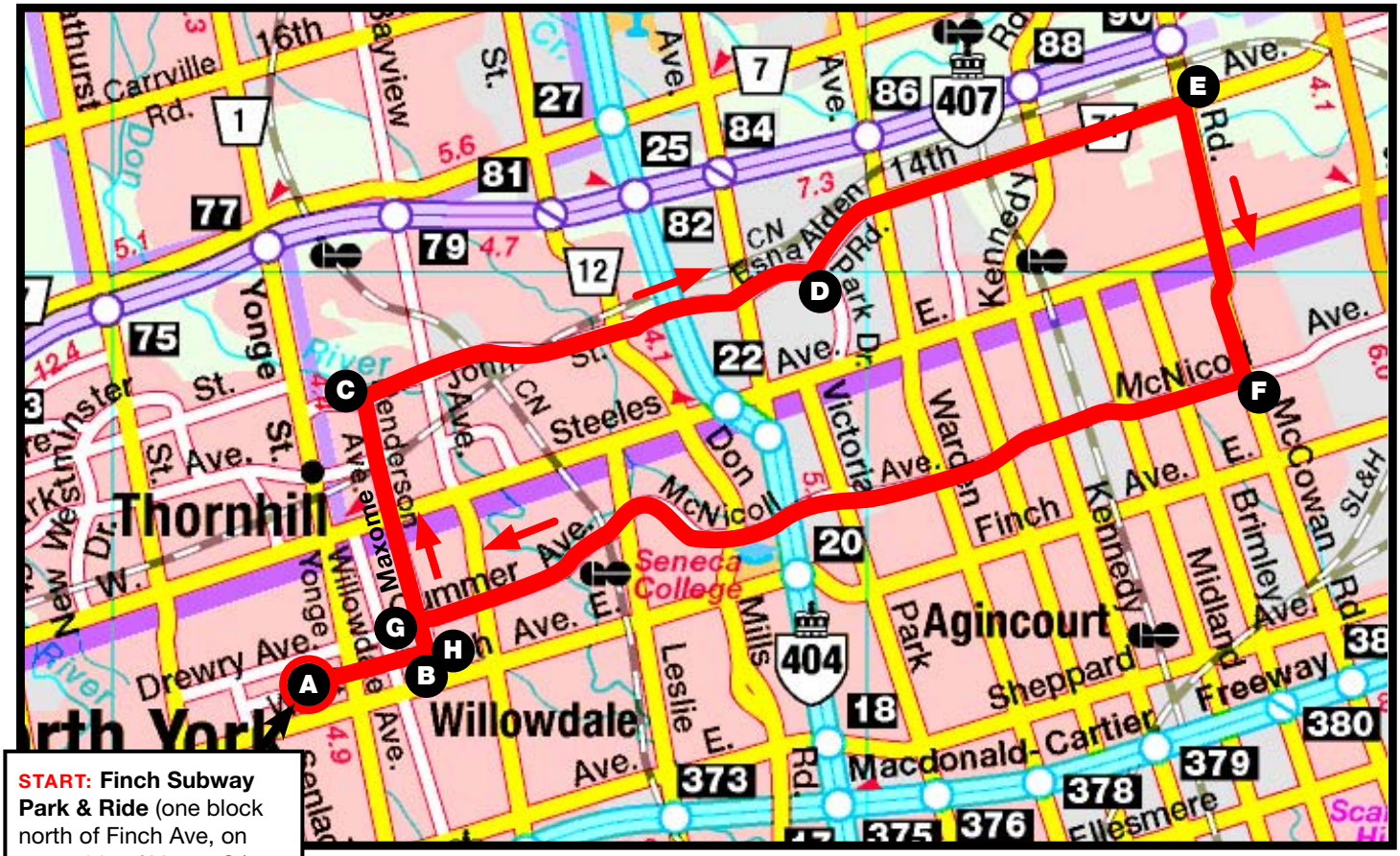
Bike Rally Emergency Contact Number: 416-550-7615

FINCH-MCCOWAN AVE – 34KM

L=Left **R**=Right **F**=Forward **S**=Stop **VL**=Veer Left **VR**=Veer Right **QL**=Quick Left **QR**=Quick Right **X**=Cross

UPDATED 3/25/06

Report road closures or changes to bikerally@pwatoronto.org



START: **Finch Subway Park & Ride** (one block north of Finch Ave, on west side of Yonge St)

AT	GO*	TOTAL*	TURN	LOCATION
A	0km	0km	L	From Finch Subway, turn left on Hendon Ave to go east. Becomes Bishop Ave
B	1.4	1.4	L	Maxome Ave (end of road). Becomes Henderson Ave
C	3.7	5.1	R	John St. Becomes Esna Park Dr
D	5.87	10.97	L	Alden Rd, just past Woodbine (**TURN IS EASILY MISSED**: look for the bricked sections of road at curved intersection) Becomes 14th Ave
E	5.68	16.65	R	McCowan Rd
F	3.6	20.25	R	McNicoll Ave. Becomes Cummer Ave. Big hill coming up just before Bayview - pick an easy gear before you climb it, relax and remember to breath!
G	11.5	31.75	L	Maxome Ave
H	0.6	32.35	QR	Bishop Ave
A	1.4	33.75	R	Finish at Finch Subway. Feel free to hang out and welcome other riders in!

** Distances are approximate*

Riding safely with other cyclists

Sharing the road with others means being predictable. Ride in a straight and steady line and don't change your direction without first letting those behind you what you are doing. (Riders that weave and/or make unexpected moves are often referred to as "Sketchy".

Signal your intentions by using hand signals AND verbal signals. Call out loudly and clearly, i.e. "Stopping!", "Slowing!", "Turning Left!", "Turning Right!"

It's also common courtesy to indicate obstacles in your path by pointing to them and announcing them, i.e. "Pothole!", "Glass!" When someone ahead signals, repeat the signal to those behind you so that everyone has time to react safely. When overtaking another cyclist, always pass them on their left. As you approach them, yell "On your left!" to let them know that you are coming by.

If you are cycling with a friend, DO NOT ride side by side where it might cause traffic to back up and/or pass by dangerously.

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